

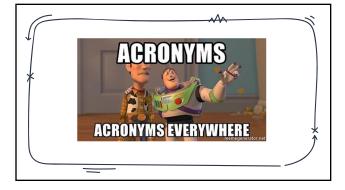
# OBJECTIVES

- X This session will help participants:
  - X Write psychoeducational reports that are user-friendly for parents and teachers.
  - X Write psychoeducational reports that focus on student strengths instead of student needs.
  - X Write psychoeducational reports that adequately prepare stakeholders for IEP meetings.

# BACKGROUND

- X School psychologists spend the majority of their time assessing students and writing reports.
- X School psychologists use a variety of professional acronyms and words that can be difficult for parents to understand.

Farmer et al., 2021; Taub & Valentine, 2014; Rahill, 2018



# BACKGROUND

- X Parents have reported feeling that assessments focus on the negative.
- X Parents and school teams can have difficulty using the information provided in assessments to develop individualized education plans for students.

Groth-Marnat, 2009; Pelco et al., 2009

# BACKGROUND

- X The NASP Professional Standards (2020)
  - Include:

    X The importance of effective communication with parents and school staff (Domain 2).

    X Informing evidence-based interventions (Domain 3).

    X Working collaboratively with families (Domains 7 & 8).

  - X Using strength-based approaches (Domain 8).



# BACKGROUND

Parents and school teams say that reports are:

- X Too technical.
- X Too vague.X "Jargon-filled, complex, and difficult to understand."

Rahill, 2018; Pelco et al., 2009; Salvagno & Teglasi, 1987; Wiener, 1987; Harvey, 2006

# BACKGROUND

- X How easy is the average psychoeducational report to read?
  - $\ensuremath{\mathsf{X}}$  The average psychoeducational report is written at an 18.5th grade level.
  - X The average American reads at the 7th to 8th grade level.

# BACKGROUND

- X What is working?
  - X Synthesized results vs. test-by-test results
  - X Theme-based vs. test-based reports
  - X Strength-focused vs. weakness-focused reports
  - X User-friendly vs. traditional reports
  - X Evidence-based, practical recommendations

Rahill, 2018; Groth-Marnat, 2009; Wiener, 1985, 1987; Pelco et al., 2009

# WHAT WE CONSIDER A USER-FRIENDLY REPORT

- $\ensuremath{\mathsf{X}}$  Information summaries are theme-based rather than test-based.
- X Test scores are in the appendix rather than in the body of the report.
  X Functional implications are provided that explain in
- X Functional implications are provided that explain i understandable language what the test results mean
- X Jargon is avoided.
- X The report focuses on the student's strengths.

# RESEARCH QUESTIONS

We asked parents and case managers to compare report segments based on the following criteria:

- X Theme based versus test based
- ${\sf X}\ \ {\sf Scores}$  in the appendix versus in the body of the report
- X Functional implications versus no functional implications
- X Jargon versus no jargon
- X Strength based versus needs based

# METHODS

- X Data was collected from parents and case managers.
  X Case managers was not a homogenous group of special education teachers, as other professions, such as psychologists, directors, SLPs were also included.
  X Clients from K-12 rural, suburban, and urban public schools in

- X Cuents from X-12 rural, suburban, and urban public schools in the Southwestern United States were contacted.

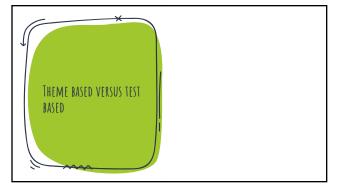
  X Surveys were sent via Google Forms.

  X A short description of each option is provided, for example:

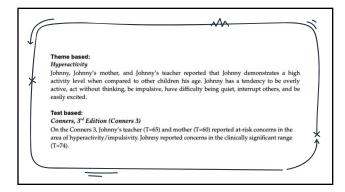
  X Theme-based reports summarize multiple data sources under one symptom area (e.g., hyperactivity).
  - Test-based reports summarize information test by test (e.g., Conners 3).

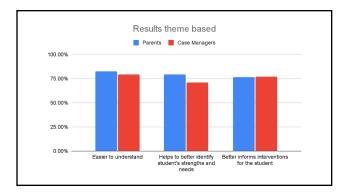
# DATA COLLECTION

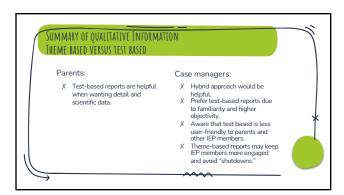
- X Surveys were sent out on 12/1/2022.
  X Follow-up emails were sent out after 1 week (12/8/2022) and after another week (12/15/2022).
  X Survey participants had the opportunity to enter a raffle to win a \$50 gift card of their choosing, which was raffled off on 12/16/2022.
  X Surveys were sent to 599 parent email addresses, out of which 35 completed the survey; one parent who completed the survey declined to use data for this presentation.
  X Surveys were sent to 380 case manager email addresses, out of which 83 completed the survey.
  X Total parents = N = 34
  X Total case managers = N = 83

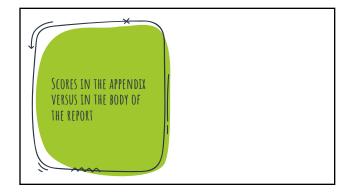


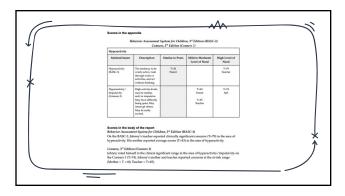
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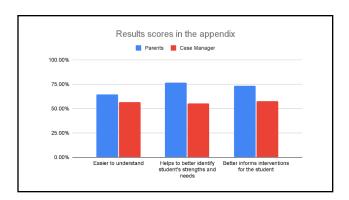




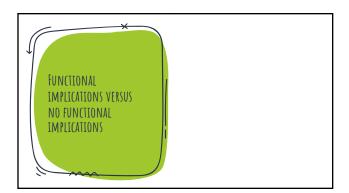




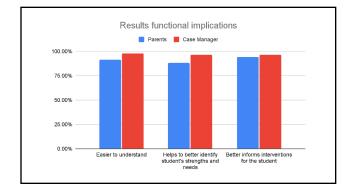


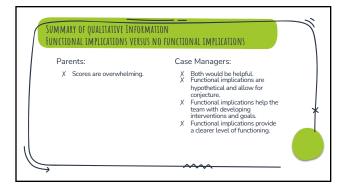


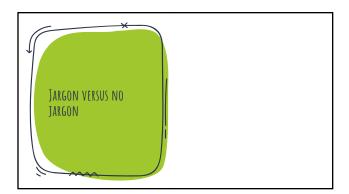
# SUMMARY OF QUALITATIVE INFORMATION SCORES IN THE APPENDIX VERSUS IN THE BODY OF THE REPORT Case managers: X Both = offering different modes, as people have different preferences. X Smoother reading when scores are embedded rather than having to find them in the appendix. X Embedded scores lead to a more seamless transition from the student's present levels to potential interventions and accommodations.

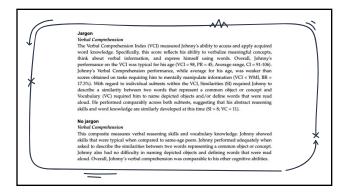


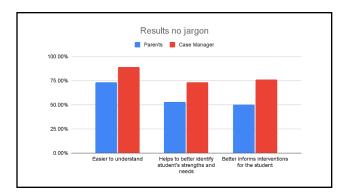
# Functional implications Social/Emotional/Behavioral Areas of Need: • Johnny's attention difficulties may cause difficulty remembering and following instructions correctly and completing assignments on time. • Johnny seems better able to focus and apply effort when permitted to fidget with items. • When given work above Johnny's instructional level, Johnny may become frustrated and, in turn, display defiant or irritable behaviors toward others. No functional implications Returner Assessment System for Children, 3° Edition (BASC-3) On the BASC-3, Johnny's teacher reported clinically significant concerns (T=79) in the area of hyperactivity. His mother reported average scores (T=43) in the area of hyperactivity. On the attention scale, Johnny's teacher rated him in the clinically significant range (T=73), while his mother reported average attention (T=48). Executive functioning was rated as clinically significant (T=78) by Johnny's teacher but average by Johnny's mother (T=52).

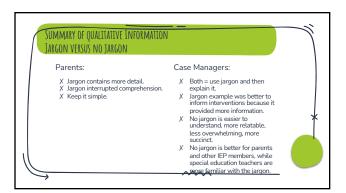


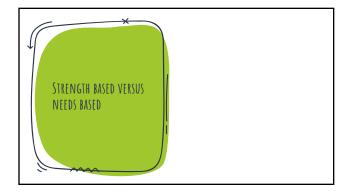


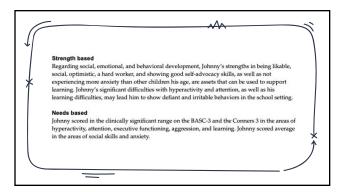


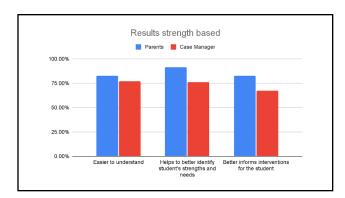




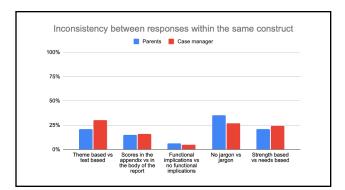








# SUMMARY OF QUALITATIVE INFORMATION SIRENGIH BASED VERSUS NEEDS BASED Parents: X Should not sugarcoat the needs with strengths. X Focus should be on what the needs are and what the interventions should be. X Strength-based reports provide more in-depth information about the child and are more understandable. X Strength-based reports provide more in-depth information about the child and are more understandable. X Focus on strengths; team members already know that the student is struggling. X Focus on strengths because those can help overcome weaknesses.

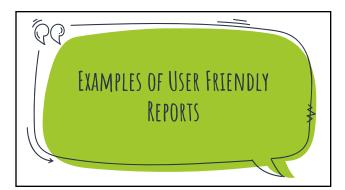


# Parents X The majority of parents preferred user-friendly reports over traditional reports. X A surprising finding included that parents did not regard the use of jargon to negatively impact identifying student strengths and needs or informing student interventions. X Functional implications seemed to be the most positive construct in a user-friendly report.

# CONCLUSION

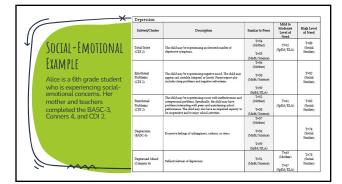
## Case Managers

- X The majority of case managers preferred userfriendly reports over traditional reports.
- X A surprising finding was that almost half of case managers preferred the scores embedded in the body of the report.
- X The theme-based construct of the user-friendly report was credited with overall IEP engagement by team members.
- ${\sf X}\$  Some case managers would prefer a hybrid report.



# SOCIAL-EMOTIONAL RESULTS

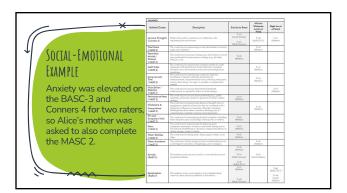
When summarizing the social and emotional findings, it is recommended to prioritize identifying common patterns among raters and also to highlight any consistent or differing areas of concern that emerge across interviews and observations. By doing so, an insightful and comprehensive understanding can be gained beyond mere scores and individual rating scales.



Depression

Alice's mother, her SpEd/ELA teacher, and her social studies teacher shared that Alice shows heightened levels of depression when compared to same-age peers. Alice's mother reported increased levels of feeling sad, lacking enjoyment in things that used to be enjoyed, and feeling hopeless about the future. In the classroom, Alice may be experiencing a negative mood and may have issues with interfectiveness and interpresonal problems. Alice's mother indicated Alice has low self-esteem and lacks confidence in personal skills.

In a conversation with the examiner, Alice reported feeling "blank" most of the time. Lately, Alice has been drained and too tired to cry. Alice is most likely to feel sad about her fears of people judging her, being told something negative about her body, or being called annoying or selfish. When Alice is sad, show will not talk to anyone. Alice feels happiest when she is with her friends or her dog. When asked about nightmares, Alice did not endorse experiencing nightmares. She noted that she does not believe she experiences anxiety or sadness, she will cut herself in her room. She reported that she noted that when she experiences anxiety or sadness, she will cut herself in her room. She reported that she attempted suicide 2 months ago using a belt, but she stopped herself. She noted that she continues to have thoughts of suicide and self-harm, but she does not have a plan and does not currently want to act on them.



Anxiety
A high level of concern related to Alice's level of anxiety was reported on the rating scales completed by
A high level of concern related to Alice's needed actuation/English language arts (SpEd/ELA) teacher.
Alice and her math/science teacher did not express concern at this time. Alice has also been noted to be
overly sensitive and to complain about relatively minor physical problems by her SpEd/ELA teacher
and her mother, but her math/science and social studies teachers did not indicate any concerns. At
school, Alice is noted to often present with low energy and sonalice complaints. She can have trouble
attending, either due to low energy or due to peer interactions, according to her SpEd/ELA teacher.

During an interview with the examiner, Alice endorsed feeling afraid of escalators, elevators, spiders, being asked how she feels, and opening up to people. When scared, Alice reported that she does not do anything, Alice also experience sellings of worny, specifically about people not liking the, the way she looks, and if her mother is going to bother her. When worried, Alice sometimes experiences stomachaches. Alice is not afraid of school, big groups of people, or leaving the house.

# AUTISM EXAMPLE - LANGUAGE Autism Spectrum Rating Scales (ASRS) SubtestCluster Description Superior communication may be repetite, suntexchand, or a T-48 Improved Spectrum communication may be repetite, suntexchand, or a T-48 Improved Spectrum Communication (Technical) Omnomials SECTION | Social | Section | Secti

# WRITE-UP

Verbal Communication
Jessey's under expected functional communication delile that are lower children her age. Jenny does not start
conversations, communicate clearly, or respond appropriately at home. She mostly speaks in short phrases that
are hard to understand. In school, Jenny's speech therapist and teacher reported strengths in receptive language
skills, specifically her capacity to litera and understand after send abund, clickow a simple conversation, and
understand age-appropriate vocabulary. Additionally, Jenny tends to always make eye contact when given a onelanguage skills, perior, which are the send of the sen

Nonverbal Communication

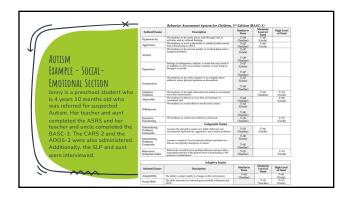
Jenny's uncle reported that Jenny mostly shows a happy face. She may show a frown but never gets angry. She has been observed to point at home. He also shared that she shows good eye contact. She used to have issues with making eye contact when she started living with them, and they had to start from scratch with teaching her this skill. Jenny showed appropriate nonverbal communication skills during testing and classroom observations. She made good eye contact, gestures, and body orientation. Jenny was observed to wave, nod, shake her head, shrug, point, and use gestures indicating she was thinking, had messed up, or was excited. During testing, she showed limited facial expressions, as she mainly smiled; but during classroom observations, she was observed to show more variety in her facial expressions (e.g., concerned, sad, excited).

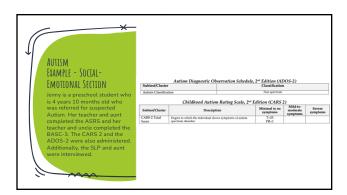
# WRITE-UP

Repetitive/Stereotyped Speech
No concerns with repetitive/stereotyped speech were noted by Jenny's aunt or her teacher. Jenny's uncle reported that Jenny sometimes repeats words or phrases. For example, she would repeat, "Who did it?" instead of giving an answer. Jenny was observed to engage in some echoing but not on a consistent basis. She was observed to make repetitive sounds during one task. No other repetitiveness of language was observed.



Subtest/Cluster	Description	Similar to Peers	Slightly Elevated	Elevated	Very Elevated
	Treatment Scales				
Peer Socialization	Has limited willingness and capacity to successfully engage in activities that develop and maintain relationships with other children.	T=56 (Teacher) T=54 (Aunt)			
Adult Socialization	Has limited willingness and capacity to successfully engage in activities that develop and maintain relationships with adults.	T=43 (Teacher)			T=78 (Aunt)
Social/Emotional Reciprocity	Has limited ability to provide an appropriate emotional assponse to another person in a social situation.	T-53 (Teacher)			
Stereotypy	The extent to which the child engages in purposelno and repetitive behaviors.	T=52 (Teacher) T=59 (Aunt)			
Behavioral Rigidity	Has difficulty telerating changes in routine, activities, or behavior; aspects of the environment must remain unchanged.	T=40 (Teacher) T=44 (Aunt)			
Sensory Sensitivity	Overreacts to certain experiences sensed through touch, aound, vision, amail, or taste.	T=40 (Teacher)	T=63 (Aunt)		
Attention	Has trouble appropriately focusing attention on one thing while ignoring distractions; appears disorganized.	T=44 (Teacher)		T=67 (Aunt)	
	Composites				
Total Score	Degree to which the individual shows symptoms of autism spectrum disorder.	T=49 (Teacher)			
Unusual Behaviors	Has trouble tolerating changes in routine. Engages in apparently purposeless, stereotypical behaviors. Overreacts to certain sensory experiences.	T-43 (Teacher)			





		7
	WRITE-UP	)
	Social Interaction	
	Social interaction  Elevated concerns were endorsed by Jenny's uncle and her aunt. According to Jenny's aunt, Jenny struggles with adult socialization. Reportedly, Jenny has trouble responding appropriately in conversations, maintaining eye contact, and carrying on an appropriate conversation with adults. Moreover, Jenny's uncle reported that Jenny never begins conversations appropriately, offers help to other children, or volunteers to help with filmps. However, in an interview, Jenny's unche reported that Jenny garattest toward, and does not tend to be shy with, new people.	
	Jenn'y stacher shared no concerns with Jenn'y social-emotional behavior at this time, Jenny apposes to be accepted by pores, has friends, Jept's cooperatively with other children, enegogs in imaginative play, takes trues, and shares with others. Moreover, Jenny's seacher indicated that Jenny sometimes offers help to other children and politely asks for help- Jenny also participates in circle and disas activities.	,
	Jenny was observed to be very social. When she entered the classroom and saw the examiner for the first time, she waved and smiled at her, making eye contact. During testing, the showed interest in the material the examiner had brought and engaged in imaginative play (e.g., kely doll using the phone) and involved others in the play (e.g., cousin, aunt). She showed shared enjoyment with the examiner and requested the examiner to continue blowing up a balloon and lexting it go by picking up the balloon and handing it to her. During other tasks, she was more shy and only a continue blowing the short of the continue blowing up a balloon and lexting it to ther. During other tasks, she was more shy and only interesticates and engaged positively with peers and adults. She showed concerns when peers in the classroom cried and tried to confort them.	
$\sim$	^^^	

Repetitive Activities and Stereotyped Movements

No concerns in the areas of repetitive activities and stereotyped movements were endorsed by Jenny's aunt and uncle. However, her uncle noted that she sometimes walks on her toes. Jenny's teacher indicated no concerns with repetitive activities and stereotyped movements. During testing and classroom observations, no repetitive behaviors or movements were observed. Jenny also showed interest in a variety of toys and did not engage in any attribute use of objects (as e. lining up or spinning objects). in any atypical use of objects (e.g., lining up or spinning objects).

# WRITE-UP

Resistance to Environmental Change or Change in Daily Routines
Jenny's aunt reported no concerns with behavioral rigidity. According to Jenny's
aunt, Jenny occasionally insists on doing things the same way each time. Jenny's
uncle shared that Jenny struggles to transition when she is ergaged in a preferred
activity. He also shared that she might cry and throw a tantrum when they tell her to
use the restroom (which they do at home on a schedule). On the other hand, Jenny's
teacher indicated no concerns with behavioral rigidity. Jenny tends to be flexible with
changes in routine and cooperative with teachers. Jenny transitioned well to the
testing room with the examiner on multiple occasions. She was willing to work with
the examiner alone during the first testing session and did not show any signs of
anxiety. During classroom observations, Jenny sometimes struggled with transitions,
especially when she was distracted by something (e.g., a peer crying).

# WRITE-UP

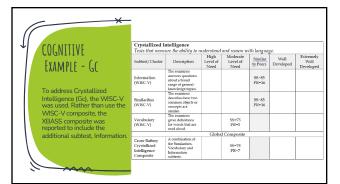
Unusual Responses to Sensory Experiences
Jenny's aunt endorsed slightly elevated concerns with sensory sensitivities; specifically, she noted that Jenny smells, tastes, or eats inedible objects. Jenny's uncle shared no concerns with sensitivities touch, smell, or texture. Jenny was a picky eater when she first started living with them, but now eats everything with the family. The only food she does not like is beans. Similarly, Jenny's teacher endorsed no concerns with unusual responses to sensory sensitivities. No unusual reactions to sensory experiences were observed during testing or classroom observations.

# COGNITIVE RESULTS

When summarizing the cognitive findings, it is recommended to arrange your summaries by construct rather than by test. It is also recommended to prioritize identifying strength areas in addition to areas of need. By doing so, parents and teachers can understand well the areas that can be supported and those that are well developed.

# COGNITIVE RESULTS - EXAMPLE

Jack is an 8th grade student with a Specific Learning Disability in a district that utilizes the PSW method for determining SLD. They also follow CHC and utilize the XBASS program. Jack is bilingual in English and Spanish, but English has been identified as his primary language. For this triennial assessment, the Beery VMI-6, ChAMP, CTOPP-2, FAR, and WISC-V were administered.



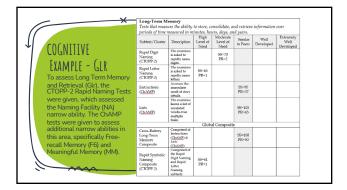
## Crystallized Intelligence

This composite measures knowledge acquired over time. Jack showed skills that were lower than average for his age; however, cultural and linguistic factors related to Jack having significant exposure to a second language need to be taken into account. Jack performed adequately when asked to describe the similarities between two words representing a common object or concept. Jack struggled with naming depicted objects and/or defining words that were read aloud. When given an additional subtest that required Jack to answer questions about a broad range of general-knowledge topics, Jack performed adequately. Overall, Jack's crystallized intelligence skills were lower than expected when compared to same-age monolingual peers. However, Jack's performance was within the normal limits when compared to his bilingual peers and is comparable to his other cognitive abilities. his other cognitive abilities.

COGNITIVE Example - GF		ing ure deliberate but fle serformed by relying Description					es, or script Extremely Well
To assess in the area of Fluid Reasoning (Gf), the WISC-V	Figure Weights (WISC-V)	Within a specified time limit, the examinee views a scale (or scales) with a missing weight and selects the response option that keeps the scale balanced.	Need	Need	SS=105 PR=63		Developed
scores were used. While they were technically not cohesive, no impairment was present in this area and it was a relative	Matrix Reasoning (WISC-V)	The examinee is asked to select a massing piece from an array of options that completes the pattern.				SS=125 PR=95	
strength for Jack.	Global Composite						
	Fluid Reasoning Index (WISC-V)	Comprised of the Matrix Reasoning and Figure Weights subtests.				SS=118 PR=88	

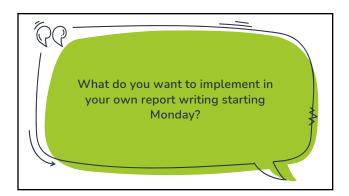
# WRITE-UP

Huid Reasoning
This composite measures the ability to reason and solve problems that often include unfamiliar information or procedures. Jack's skills in this area were superior when compared to same-age peers. Jack had a strength in selecting the correct response option to complete a matrix or series, Jack also had no difficulty when asked to view a scale with missing weight(s) and identify the response option that would keep the scale balanced. Overall, fluid reasoning was an area of relative strength for Jack when compared to his other cognitive abilities.



Long-Term Memory

This composite measures the ability to store information efficiently and retrieve it later through association. Jack's abilities in this area varied considerably. Jack's skills when asked to retail a list of items heard from a story was in the expected range when compared to same-age peers. When asked to recall a set of instructions from an orally presented story, Jack also had no difficulty repeating the instructions immediately. Tests were also given in the area of rapid symbolic naming, which measures the ability to efficiently retrieve phonological information from long-term memory and execute a sequence of operations on that information quickly and repeatedly. Jack's performance when asked to rapidly name numbers was below age expectations. Jack's long-term memory was comparable to his other cognitive abilities, while Jack's representations. The properties of the properties of





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